#### **JOURNEY TO CONFIRMATION**

#### **GRADE SEVEN**

**September 30:** 7th Grade Confirmation Parent Meeting; 6:00 p.m. (FDC Community Room)

**October 11/12:** Confirmation Commitment Form due at the Liturgical Rite: 4:00 pm Mass on Oct. 11 *or* 10:30 am Mass on Oct. 12

**December 6-8:** 1st Service forms are due (on parish website)

March 14-16: 2nd Service forms are due (on the parish website)

**April 12:** Confirmation Name & Sponsor Name w/eligibility forms are due. Note that *all* sponsors are asked to get a Sponsor Eligibility Form from their respective parish church.

#### **GRADE EIGHT**

Sept. 27: Confirmation Retreat @ ND High School 9am-1pm

**October 7:** 8th Grade Confirmation Parent Meeting: 6:00 p.m. (Church)

**December 6-8:** 1st Service forms are due (on parish website)

**Jan. 31/Feb. 1:** Liturgical Rite: Sponsors' letter to candidates at either the 4 pm Mass on Jan. 31 *or* at the 10:30 am Mass on Feb. 1

**February 22:** Confirmation Application is due. (available on parish website); Please make every effort to get this to us on time.

March 14-16: Service forms are due (on parish website)

**April 25/26:** Letter to the Presider: candidates bring this to the Liturgical Rite: 4 pm Mass on April 25 *or* 10:30 am Mass on April 26

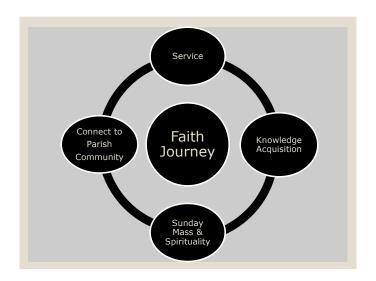
May 26 (Tues.): Confirmation Practice for the 4:00 p.m. service.

May 27 (Wed.): Confirmation Practice for the 6:00 p.m. service.

May 29 (Fri.): Celebration of Confirmation: 4:00 and 6:00 p.m. (tentative)

#### **CURRICULUM**

Candidates who transfer in at the start of 8th grade are required to meet with the Director of Religious Education, and make sure they complete the grade 7 requirements prior to starting the program. The curriculum content and program guidelines will be given, by catechists, to the candidates at the start of the year.



#### **CONTACTS**

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# Church of Saint Ann



2025 - 2026 Confirmation Prep Program Guide

# Confirmation Preparation (A two-year program beginning in Grade 7)

Confirmation preparation is about growth in a Christian way of life, it involves some appreciation of the significance of what is learned for one's sense of personal identity. The components of our program are oriented towards discipleship and ongoing participation in parish life and service to the world. We do not focus on checking a list of requirements. Rather, we offer a comprehensive program which aims to awaken and support the faith of those

seeking confirmation. We hope that together, as partners in faith, we will work to empower teens to become their best selves, making a difference in the world today, bearing God's light, joy and love. A positive attitude and willingness to learn and grow in faith is essential!



#### Sunday Worship (Mass Attendance)

All confirmation candidates are expected to attend Sunday Mass as often as possible. The church's public liturgy, by its very nature, forms candidates in a Christian way of life, and helps them to see that they are part of a larger Christian community. Regular participation at Sunday Mass is also a concrete way that parents can model faith for their children.

# Instruction/Curriculum (RE, GOF, SAS, Private School)

Teens will learn what being a follower of Jesus means for them, what faith can offer them, form a basic understanding of the Sacrament of Confirmation and explore a contemporary idea of discipleship at their stage of development. All of this has the purpose to foster faith and build a lasting connection to the Christian community. Religious Education (RE) and Generations of Faith (GOF) instruction will take place in the Faith Development Center. Candidates who attend Saint Ann School or another private school where religious education is provided will *not* be expected to attend weekly religious education instruction. They will, however, be expected to participate in *all* other program components—Sunday worship, service, liturgical rites, choosing a confirmation name and sponsor, participation in parish life, retreats (8th grade only), etc.

#### **Service Learning**

Service is integral to Christian faith. Through experience it is our hope that serving others in the name of Jesus will become a lifelong practice. All candidates will be expected to participate in service learning throughout their preparation and complete service logs. Candidates are encouraged to become increasingly aware of the needs of their immediate family, neighbors/ community, and to become increasingly willing to aid those in need. Parents are encouraged to take every opportunity to accompany their candidate during service activities. Please also take the opportunity to discuss the service with your teen. Service, helping others, is a selfless sacrifice done from the heart for others. This is not about completing hours. It is about growing in faith, expanding our capacity for love and putting our faith into action. A listing of some suggested service opportunities are on the parish website. Some of the options are a substantial commitment; others are small, one-time events. 8th graders are encouraged to participate in a variety of service opportunities.

## Family/Sponsor Responsibilities

The family and sponsor of each candidate are infinitely important during the process of confirmation preparation. Your candidate requires your support, insight and example throughout the process and life's faith journey. 7th graders will be given a sponsor letter, describing the role of a sponsor, to give to your candidate's chosen sponsor.

#### Parent Role in Faith Formation

Be present to what your child is learning. Ask questions! Start the conversation. Parents are the most important influence in passing on faith to their children/teens! It's not easy to pass on faith, however, if you work at it, you will grow into it. Hopefully, your child will follow you into a lifelong journey of faith.

# Liturgical Rites

Throughout the year, candidates will participate in **Liturgical Rites** in order to connect them to the larger community and deepen their relationship to the Christian Mysteries. The Rites are inserted into the Sunday Mass. Please see the calendar for the dates of these rites since participation in the rites is very important for

the formation of each candidate, and at times, there are forms that the candidates will be expected to hand in.

## \_"Saint" Name (7th Grade)

During the first year of confirmation prep, teens who are desiring a saints name as their confirmation name should research different saints. The saints serve as a reminder that we are all called to holiness. The saint you choose will be a strong example for your teen. The parish website contains more information to help pick a confirmation name, which is due in the Spring of 2023. Note that a candidate may simply choose/confirm their given baptismal name at confirmation.

# Retreat (8th grade Only)

To retreat is an important part of the preparation. All eight grade candidates are required to attend a retreat. This is a time for prayer, reflection on our personal relationship with God, activities and discussion. If for some reason, a candidate cannot attend the retreat option provided, it is expected that candidates will find and attend a retreat experience at another church or site. More information, with the retreat date, will be given at a later date.

Retreat Date: Saturday, September 27, Notre Dame High School, 9:00 am to 1:00 pm

## Letter to the Presider (8th grade Only)

Eighth grade candidates will write a letter to the scheduled presider of the Confirmation ceremony. This letter is from the heart. We will remind you and send some guidelines in writing the letter. The letter should be brought to Mass at the final Liturgical Rite.

# Faith Formation (ALL parents/guardians)

Parents can greatly benefit and set good example for their children by updating and learning more about their Catholic faith. Check the bulletin or parish website for opportunities. Take the initiative to seek out resources that meets your needs. There are also many opportunities outside the parish, or resources you can access on your own. By modeling the importance of learning about and growing in your faith you will teach your child that Confirmation is not the end, but an important step on the life-long journey of faith.